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# Download File PDF Celtic Sex Magic For Couples Groups And Solitary Practitioners

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The Common Magic of the Cunning Folk of the Welsh Marches  
 Druid Power  
 Plants, Charms, and Amulets of the Healers of the Crusades  
 Sex, Magic, and Liberation in Modern Western Esotericism  
 Goddess Afoot!  
 A Historical Grammar of Poetic Myth  
 The Druidic Art of Divination  
 The Light of Sex  
 Pagan Portals - Sacred Sex and Magick  
 Witches, Druids, and Sin Eaters  
 The Great Work of the Flesh  
 Understanding the Past and Seeing into the Future  
 Shamanic Sexual Healing and Sex Magic  
 The 21 Lessons of Merlyn  
 Magia Sexualis  
 Exploring the Spiritual Union Between Male and Female  
 Fairy Tales and Stories of Enchantment from Ireland, Scotland, Brittany, and Wales  
 Celtic Faerie Craft and Elemental Magic  
 An Irish Legend Retold  
 The Spirit of the Celtic Gods and Goddesses  
 Spagyrics in Magical and Sexual Rituals  
 Ritual, Sex and Magic  
 Witches, Druids, and Sin Eaters  
 A Druid's Handbook to the Spiritual Power of Plants  
 The Common Magic of the Cunning Folk of the Welsh Marches  
 Magia Sexualis  
 The Book of Celtic Magic  
 Queer Men, Sex Magic and Modern Witchcraft  
 Wiccan Spell A Night: Spells, Charms, And Potions For The Whole Year  
 Spagyrics in Magical and Sexual Rituals  
 Advanced Sex Magic  
 Carnal Alchemy  
 Celtic Magic  
 Wicca and the Christian Heritage  
 Druid Magic  
 Celtic Tales  
 A Novel  
 Transformative Teachings from the Cauldron of Awen  
 Sex Magic for Beginners

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## STEWART JASLYN

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*The Common Magic of the Cunning Folk of the Welsh Marches*

Llewellyn Worldwide

A Quest for the Holy Grail In this novel of legendary Ireland, Andrew Greeley takes you back into a long-ago time of mists and magic, faith and love. Here you will meet Cormac MacDermot, the young king destined to lead Ireland out of paganism to Christianity; his aged father, now on the throne, and the seductive witch-queen who holds the country in thrall. Here also is the lovely slave girl Brigid. As light-footed as an Irish pixie, she will help Cormac seek the magic cup that will confirm his right to be High King of Ireland. Over mountain and river they will journey, beset by perils. But when their enemies capture Brigid, and Cormac strives to save her, he will see that the little slave girl is a great deal more than she seems. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

*Druid Power* Routledge

A unique blend of sex magic and the Law of Attraction, this easy-

to-use and practical book shows you how to use sexual energy to get anything you want. Popular author and magician Skye Alexander teaches you to direct your innate creative force to attract good health, prosperity, and happiness. From intensifying passion to achieving career success, this compact but comprehensive guide presents a surprising array of ways in which sex magic can enhance your life. It reveals the connections between sex, power, and magic and presents rituals, spells, techniques for working with a partner, visualizations, glamours, elixirs, amulets, talismans, and more. —Attract abundance —Enhance love and pleasure —Create new opportunities —Increase personal power" —Improve health —Spark creativity —Develop insight and intuition

*Plants, Charms, and Amulets of the Healers of the Crusades*

Llewellyn Worldwide

Delve into the depths of a magical current that spans over two thousand years. The Book of Celtic Magic provides the unsurpassed power of practical magic and the transformative forces of ancient Celtica. Druid priest Kristoffer Hughes invites

you to explore the pantheon, myths, and magic of his native Wales. Discover the magical allies, the gods and goddesses, and the spirits of place that form the foundation of this vibrant tradition. Practice rituals that draw you closer to the divine energy of the trees, plants, and animals that surround you. Work with spells, conjurations, invocations, and magical tools that have been developed and refined from genuine Celtic sources. Complete with exercises and a glossary of terms, this step-by-step guide is a definitive source of authentic Celtic magic.

Sex, Magic, and Liberation in Modern Western Esotericism Farrar, Straus and Giroux

Here are 365 new ways to create a little magic, every night of the year. Designed around the cycles of the 13 pagan moons, *Wiccan Spell a Night* will help you realize your dreams--whether you want to spice up an existing romance, experience new heights of passion, or banish harmful negative vibrations. All of the spells, charms, and potions in this captivating book come with simple, user-friendly instructions. Here you'll find the Treasure Map Sex Spell for lovers, the Steaming Tropical Nights Spell, Cash Constellations Dream Placket for prosperity, the True-Blue Dream Charm, and many other ways to help bring happiness, love, and prosperity your way tonight! And for those special nights when you want to add some pizzazz to your love life, there are philters, spells, and charms that harness the powerful aphrodisiac properties of many readily available foods, flowers, spices, and herbs. *Wiccan Spell a Night* makes it easy to sprinkle a little night magic into your life, fill the coming year with love, joy, and success, and find positive new ways to make your dreams actually come true! Sirona Knight is the author of many books on Wicca and Celtic spirituality, including *Wiccan Spell a Day*, *The Wiccan Spell Kit*, *The Witch and Wizard Training Guide*, *The Witch and Wizard Spellbook*, *Celtic Traditions*, and *Love, Sex, and Magic*. A high priestess of the Celtic Druid tradition and practicing New Age Witch, she holds a master's degree in psychology and is also a certified hypnotherapist. She lives in northern California. Fill your nights with love, joy, success, and magic! Inside you'll find charms, potions, spells, and recipes specifically arranged to coincide with the powerful cycles of the moon. From prosperity potions to soothing meditations, from seductive sex magic spells to healing herbal remedies, *Wiccan Spell a Night* will show you how to find positive new ways to make your dreams come true! Full Moon Love Boon taps into the fertile power of the moon to bring you your deepest desires. . . Fairy-Tale Moon Magic shows you how to ask for help to make your own fairytale come true. . . So Relaxing Moonlight Magic shows you how to enter a higher state of consciousness and open yourself for communication with the divine. . . . Plus 362 other powerful spells!

*Goddess Afoot!* Tor Fantasy

King Arthur would get advice from his magician, Merlyn, in the mythic stories. The real Arthur (who lived over 500 years before the period of the mythic Arthur) was trained by a Druid bard and poet named Merlyn. The result was an unprecedented period of peace that lasted for twenty years. In Douglas Monroe's *The 21 Lessons of Merlyn*, you'll read delightful stories based on the historic Arthur and Merlyn. Each one is followed by lessons based on the never-before-published 16th century manuscript entitled *The Book of Pheryllt*. In a metaphoric sense, you'll see how Arthur learned his lessons. In a practical sense, you be learning the same sort of lessons that Arthur may have learned. This is truly a complete course in authentic Celtic Druidism and magick. Filled with lore, philosophy, wisdom, rituals, and more, you'll be able to apply many of these concepts to improve your life. If you are looking for accurate information, this is the place to start! Douglas Monroe has studied magick since he was ten years old and has taught in the United States, Britain, and South America,

and is the founder of the New Forest Centre for Magickal Studies. His own illustrations and charts fill the book and clarify the deep teachings of the ancient Druids. From learning about Stonehenge to the Rite of the 3 Rays for protective purification; from learning the four herbs that will aid in conserving male sexual energy to discovering the secrets of calling the Dragon (the power of the ley lines); this book is like a full course meal in a cafeteria of magick. If you are really interested in gaining a thorough understanding of the real tradition of the Druids — what they believed, what they practiced and how to incorporate it into your life — then join with 120,000 other people. Get this book today!

*A Historical Grammar of Poetic Myth* Simon and Schuster

The perfect St. Patrick's Day gift, and a book in the best tradition of popular history -- the untold story of Ireland's role in maintaining Western culture while the Dark Ages settled on Europe. Every year millions of Americans celebrate St. Patrick's Day, but they may not be aware of how great an influence St. Patrick was on the subsequent history of civilization. Not only did he bring Christianity to Ireland, he instilled a sense of literacy and learning that would create the conditions that allowed Ireland to become "the isle of saints and scholars" -- and thus preserve Western culture while Europe was being overrun by barbarians. In this entertaining and compelling narrative, Thomas Cahill tells the story of how Europe evolved from the classical age of Rome to the medieval era. Without Ireland, the transition could not have taken place. Not only did Irish monks and scribes maintain the very record of Western civilization -- copying manuscripts of Greek and Latin writers, both pagan and Christian, while libraries and learning on the continent were forever lost -- they brought their uniquely Irish world-view to the task. As Cahill delightfully illustrates, so much of the liveliness we associate with medieval culture has its roots in Ireland. When the seeds of culture were replanted on the European continent, it was from Ireland that they were germinated. In the tradition of Barbara Tuchman's *A Distant Mirror*, *How The Irish Saved Civilization* reconstructs an era that few know about but which is central to understanding our past and our cultural heritage. But it conveys its knowledge with a winking wit that aptly captures the sensibility of the unsung Irish who relaunched civilization. BONUS MATERIAL: This ebook edition includes an excerpt from Thomas Cahill's *Heretics and Heroes*.

**The Druidic Art of Divination** Llewellyn Worldwide Limited

BDSM sexuality as a powerful tool for self-transformation and the realization of magical and spiritual aims • Details how to combine the 6 major types of S&M stimulation with sexual stimulation for magical and transformative purposes • Explores sado-magical workings from both submissive and dominant perspectives • Traces the roots of the BDSM tradition from ancient pagan and shamanic rituals to historical figures such as the Marquis de Sade, Aleister Crowley, and Anton LaVey Sex magic allows us to tap in to the most abundant power source available: sexual energy. Magicians, shamans, and fakirs throughout history have used physical stimulation and ritual to harness sexual energy, unlock inner states of consciousness, and activate the ability to influence their surroundings. While pleasure is often the focus of this stimulation, pain is just as effective, if not more so. Combining both pleasure and pain, the sadomasochistic practice of Carnal Alchemy offers a powerful tool for self-transformation and the realization of magical and spiritual aims. Authors Stephen and Crystal Dawn Flowers explain the sado-magical workings of Carnal Alchemy from both the perspective of the submissive partner as well as the dominant. They detail the 6 major techniques of sadomasochistic stimulation--bondage, flagellation, piercing, penetration, clamping, and heat/cold--and how they can be combined with sexual stimulation for magical purposes. They

trace the roots of the BDSM tradition in ancient pagan rites of passage, in indigenous shamanic rituals, and through historical figures who used this form of sexuality in their magic and philosophy, from the Marquis de Sade to more modern exemplars such as Aleister Crowley, Ernst Schertel, and Anton LaVey. This guide also covers specialized furniture and tools and the decor of "the Chamber" to trigger states of consciousness in which the Sado-Magician can effectively express his or her will.

*The Light of Sex* Simon and Schuster

Perhaps the most mystical, magical people ever known were the Druids. They were wizards, storytellers, teachers and spiritual leaders. They were attuned to the Earth and the Sun. And they were very powerful. Wouldn't it be amazing if you could be a Druid? Now you can with the secrets revealed in *Druid Magick*. This book presents everything you need to know to become a Druid and even start your own Druid "Grove" (the name of a Druid group). You'll learn about the Druid's tools - the sickle, wand, cord and more - and how to make and use them. You'll discover all of the beliefs the Druids hold, including the emphasis on honor and ethics. You'll learn how a Druid sees the Divine in everything and how even sex can be sacred. And of course you'll learn the secrets of the magic of the Druids. You'll learn how to do protection spells and how to use magic to find missing items. You'll learn how you can visit other "worlds" or levels of reality. You'll even learn how to do shapeshifting and experience the world as an animal! Are you having a mental block? With this book you'll learn how to tap into the creativity that was a hallmark of the Druids. You'll be able to write, draw, write or perform music with much greater ease and depth than ever before. Become a Druid can bring you all this and more! Druidry is far more than historic Celtic leadership. It is a living, growing, spiritual tradition that can bring you more self-assurance and self-development than you've ever had before. Jump out of the ordinary! Try something new to bring that spark back into your life. Discover the secrets of *Druid Magic*. Winner of the 2001 Coalition of Visionary Resources (COVR) Award for best Magic Book

**Pagan Portals - Sacred Sex and Magick** Greenwood Publishing Group

Practical Celtic magic in the traditions of the Druids.

*Witches, Druids, and Sin Eaters* Llewellyn Worldwide

- Describes the arcane rituals, ancient beliefs, and secret rites of the Welsh Marches, including those of the Sin Eaters, Eye Biters, and Spirit Hunters
- Shares extracts from ancient texts stored in the archives of the National Museum of Wales, along with many original photographs of related artifacts
- Includes a Grimoire of the Welsh Marches, a wide collection of spells and magical workings along with practical instruction on crafting and casting

In this collaboration between a Druid and a Witchcraft researcher, Jon G. Hughes and Sophie Gallagher describe in intricate detail the arcane rituals, ancient beliefs, and secret rites of the Welsh Marches, the borderlands between Celtic Wales and Anglo-Saxon England--one of the oldest and most significant locations for early Witchcraft and a lasting repository for ancient Druidic lore. The authors explore the repressed rituals and practices of Sin Eaters, those who take upon themselves the sins of a recently deceased person; Eye Biters, powerful witches able to cast malevolent curses simply by looking at their victims; and Spirit Hunters, witches who gain control of their victim's spirit. Drawing on their personal access to the archives of the National Museum of Wales, as well as the local museums found within the Welsh Marches, the authors share extracts from ancient texts, along with original photographs of related artifacts, such as charm and spell bottles used to ward off evil and "poppets," wax effigies crafted by Witches to inflict pain and death on a targeted subject. In the

second half of the book, the authors present a Grimoire of the Welsh Marches, a wide collection of spells and magical workings along with practical instruction on crafting and casting. Offering a comprehensive look at the earth-based beliefs and practices of primal Witchcraft and Druidic lore, the authors show not only how the traditions of the Welsh Marches had a profound influence on the cultural and spiritual history of the British Isles, but how their influence was exported to all corners of the world.

*The Great Work of the Flesh* Kensington Publishing Corp.

Celtic Sex Magic For Couples, Groups, and Solitary

Practitioners Destiny Books

*Understanding the Past and Seeing into the Future* Simon and Schuster

A practical guide to creating plant extracts, essences, and complexes for use in Druidic sex magic rituals

- Explores the identification, harvesting, and magical properties of more than 70 flowers and trees
- Details the careful and meticulous spagyric preparation of plant extracts and complexes
- Demonstrates how plant compounds are used in Druidic sex magic rituals by both couples and groups

In this practical guide to Druidic plant magic, Jon G. Hughes reveals the gentle alchemy of converting plant essences into potent compounds for working sex magic rituals. Examining the identification, harvesting, and magical properties of more than 70 flowers and trees, he details the careful and meticulous spagyric preparation of plant extracts and complexes as well as the process of obtaining or creating suitable alcoholic spirits for the base of these preparations. He includes instructions to make all necessary tools and explores how to prepare yourself to work with plant essences and properly use the magical compounds you create. Hughes explains how to release the energies, healing attributes, and magical capacities of flowers and trees through the respectful seduction of a plant's virtue and the 3-step spagyric process of separation, purification, and reunification. He shows how the spagyric process maximizes the power of the acquired essence in preparation for its use in magical ritual. Detailing Druidic sex rituals for both a couple and a group, Hughes demonstrates how plant compounds are used in specific magical rituals and practices as well as the role of the plant complex in sexual potency. Exploring the underlying accord between alchemy and Druidic practices, Hughes provides a valuable manual for anyone wishing to harness the magical potential of plant energy.

**Shamanic Sexual Healing and Sex Magic** CreateSpace

Sexuality and the occult arts have long been associated in the western imagination, but it was not until the nineteenth century that a large and sophisticated body of literature on sexual magic—the use of sex as a source of magical power—emerged. This book, the first history of western sexual magic as a modern spiritual tradition, places these practices in the context of the larger discourse surrounding sexuality in American and European society over the last 150 years to discover how sexual magic was transformed from a terrifying medieval nightmare of heresy and social subversion into a modern ideal of personal empowerment and social liberation. Focusing on a series of key figures including American spiritualist Paschal Beverly Randolph, Aleister Crowley, Julius Evola, Gerald Gardner, and Anton LaVey, Hugh Urban traces the emergence of sexual magic out of older western esoteric traditions including Gnosticism and Kabbalah, which were progressively fused with recently-discovered eastern traditions such as Hindu and Buddhist Tantra. His study gives remarkable new insight into sexuality in the modern era, specifically on issues such as the politics of birth control, the classification of sexual "deviance," debates over homosexuality and feminism, and the role of sexuality in our own new world of post-modern spirituality, consumer capitalism, and the Internet.

*The 21 Lessons of Merlyn Celtic Sex Magic* For Couples, Groups, and Solitary Practitioners

Wrap up ecstasy in love to create powerful magick, spells and healing.

Magia Sexualis Penguin

You are a reflection of the Divine Feminine. You shine like Sunna, Norse Goddess of the Sun; take risks like Cessair, Founding Goddess of Ireland; love like Creiddylad, Welsh May Day Goddess. With this guide, you'll discover how to use spellwork and magic to make lasting changes in your life with the aid and guidance of twelve powerful Celtic and Nordic goddesses. From creating abundance to increasing your psychic abilities to connecting to the land, you'll learn how to attune to a specific goddess and connect with her energy to manifest your dreams and desires. Through ritual, invocation, guided meditations, and magical activities, you'll explore the unique strength of each goddess and discover her gift for your life. Arianrhod • Blodeuwedd • Cymidei Cymeinfol Creiddylad • Airmid • Cessair • Eriu Macha • Frigga • Sif • Skadi • Sunna

Exploring the Spiritual Union Between Male and Female Univ of California Press

A step-by-step guide to the ancient tradition of sex magic as practiced by generations of Celtic Druids • Details a wide range of sex magic rituals that may be used by couples, groups, and solitary practitioners • Explains how to channel, intensify, and project your sexual energy for magical purposes • Provides instructions for crafting the necessary ritual tools, including wands, chalices, cauldrons, and attire, and for brewing the potions that accompany these rites One of the Druid's most powerful tools, sex magic harnesses and projects the immense natural energy produced by orgasm to liberate your consciousness from everyday awareness and influence reality at will. With more than 50 years in the Druidic tradition, Jon Hughes reveals the fundamentals of Celtic sex magic passed down secretly from generation to generation. He explains how to channel, intensify, and project your sexual energy for magical purposes and offers authentic instructions for a wide range of sex magic rituals that may be used by couples, groups, and solitary practitioners. In addition to the steps of preparation and closure for each ritual, he describes the workings of the 9 stages of the sex magic ritual—Awakening, Augmentation, Intensification, Quickening, Orgasm and Projection, Continuance, Relaxation, Scattering, and Gift. Hughes provides detailed instructions for crafting and consecrating the necessary ritual tools, including wands, chalices, and cauldrons, and for brewing the potions that accompany these rites. He also explores the power of emotion and intention in these sacred rituals, providing a complete guide to this ancient path of empowerment and magic.

*Fairy Tales and Stories of Enchantment from Ireland, Scotland, Brittany, and Wales* Llewellyn Worldwide

Winner • 2021 An Post Irish Book Award — Nonfiction Book of the Year • from the judges: "The most remarkable Irish nonfiction book I've read in the last 10 years"; "[A] book for the ages." "We Don't Know Ourselves is a feast: a deeply absorbing chronicle of the 'known and unknowable,' and of the profound transformation of a place." —Patrick Radden Keefe, New York Times best-selling author of *Say Nothing: A True Story of Murder and Memory in Northern Ireland* A celebrated Irish writer's magisterial, brilliantly insightful chronicle of the wrenching transformations that dragged his homeland into the modern world. Fintan O'Toole was born in the year the revolution began. It was 1958, and the Irish government—in despair, because all the young people were leaving—opened the country to foreign investment and popular culture. So began a decades-long, ongoing experiment with Irish national identity. In *We Don't Know Ourselves*, O'Toole, one of

the Anglophone world's most consummate stylists, weaves his own experiences into Irish social, cultural, and economic change, showing how Ireland, in just one lifetime, has gone from a reactionary "backwater" to an almost totally open society—perhaps the most astonishing national transformation in modern history. Born to a working-class family in the Dublin suburbs, O'Toole served as an altar boy and attended a Christian Brothers school, much as his forebears did. He was enthralled by American Westerns suddenly appearing on Irish television, which were not that far from his own experience, given that Ireland's main export was beef and it was still not unknown for herds of cattle to clatter down Dublin's streets. Yet the Westerns were a sign of what was to come. O'Toole narrates the once unthinkable collapse of the all-powerful Catholic Church, brought down by scandal and by the activism of ordinary Irish, women in particular. He relates the horrific violence of the Troubles in Northern Ireland, which led most Irish to reject violent nationalism. In O'Toole's telling, America became a lodestar, from John F. Kennedy's 1963 visit, when the soon-to-be martyred American president was welcomed as a native son, to the emergence of the Irish technology sector in the late 1990s, driven by American corporations, which set Ireland on the path toward particular disaster during the 2008 financial crisis. A remarkably compassionate yet exacting observer, O'Toole in coruscating prose captures the peculiar Irish habit of "deliberate unknowing," which allowed myths of national greatness to persist even as the foundations were crumbling. Forty years in the making, *We Don't Know Ourselves* is a landmark work, a memoir and a national history that ultimately reveals how the two modes are entwined for all of us.

**Celtic Faerie Craft and Elemental Magic** Univ of California Press

• Presents a traditional "cure-all" or leechbook of the ailments the Crusaders would have encountered and the remedies their mediciners would have employed, including recipes for many cures and instructions • Includes a comprehensive herbal, listing all the medicinal plants and materials needed to make the remedies, potions, elixirs, and unctions of the cure-all • Details the author's travels in the steps of the Crusader physicians where he met with healers still employing the mediciners' practices During the Crusades, chivalric knightly orders, such as the Knights Templar and the Knights Hospitaller, brought along monastic mediciners to treat the sick and wounded. These mediciners not only employed the leading cures of medieval Europe but also learned new methods from the local folk-healers and Arabic healing traditions they encountered on their journeys. Presenting a traditional "cure-all" or leechbook of the Crusader physicians, the author shares a comprehensive encyclopedia of the ailments the Crusaders would have encountered and the remedies their mediciners would have employed. He details recipes for many cures and a range of magico-medical applications such as charms, spells, enchantments, and amulets used to address the new illnesses of strange and foreign lands. The author includes a detailed and comprehensive herbal, listing all the plants and materials needed to make and administer the remedies of the cure-all. He also details his travels in the steps of the Crusader physicians throughout Poland, the Czech Republic, Hungary, Malta, Morocco, and the island of Rhodes where he met with healers still following this healing path who shared their practices with him. Revealing how the healers of the Crusades helped elevate Western medical knowledge through the integration of wisdom from their Middle Eastern counterparts, Hughes shows how their legacy continues through the many effective remedies and healing modalities still in use today. Llewellyn Worldwide

An inside look at sex magic in Eastern and Western Mystery traditions • Details the sex magic practices of P. B. Randolph, Aleister Crowley, Austin Osman Spare, Julius Evola, and Maria de Naglowska • Includes a complete overview of love magic in the Middle Ages, with accounts of the use of potions, powders, spells, and enchantments • Explores sex magic techniques of the East, including Taoist sexual alchemy Magic, almost in its entirety, is connected to sexuality. It is through the natural magic of love that sex magic operates, harnessing the forces that join lovers together. In this extensive study of sex magic in the Eastern and Western Mystery traditions, Sarane Alexandrian explains how there is a sex magic connected with every religion, spiritual belief system, and initiatory society. Exploring sexual practices in folk magic, high magic, alchemy, and religion, the author begins with a complete overview of love magic in the Middle Ages, including accounts of the use of potions, powders, spells, and enchantments, and he reveals how these techniques related to the religious practices of the time. He introduces the Taoist sexual alchemy practices of Mantak Chia, the secret tantric practices of the Tibetan bons, sexual shiatsu, and a Vietnamese practice called "mouth moxa." Examining the sacred sexuality that arose in Western initiatory orders in the late 19th and early 20th centuries, Alexandrian details the development of P. B. Randolph's white sexual magic and the black sexual magic of Aleister Crowley, as well as explaining the practices of Austin Osman Spare, Julius Evola and the Ur Group, and Maria de Naglowska. He reveals the scientific principles underlying sex magic and how successful results are guaranteed by the influences of the heavenly bodies and the radiant powers of color, number, scents, and physical movements, which intensify the activity of the human bioelectric field. Alexandrian also details the tantra practices of Margot Anand, the sexual rituals of Wicca, and magical "sex aids," including talismans and jewels. Providing complete practical information, the author explains how, through sex magic, a couple can extract from each other what they are missing by way of virility and femininity, multiplying their energies tenfold and merging the carnal and spiritual worlds to experience transcendent adventures in the deepest depths of reality.

*An Irish Legend Retold* Simon and Schuster

This book is about Sovereignty. It's about the superior

intelligence and self empowerment which comes from interacting with beings which inhabit a parallel universe to this one - another dimension - from whom man has traditionally gained his wisdom about his place and purpose on Earth and in the cosmos. In ancient times, the ability to tap into this superior wisdom was transmitted to kings and pharaohs by one who was in touch with these extra-dimensional beings or lifeforms, who are also known as the spirits. Sovereignty comes from the spirits of the land, otherwise known as the Fae, the Gentry, the Sidhe or the Faeries. These spirits are like Man, but are of an Elder and wiser race which inhabits a timeless zone within the parallel dimensions. These days, only children can see them, who haven't yet had that perceptivity educated and ridiculed out of them. Shamans and high priestesses in Neolithic times were in touch with these spirits of the land, and so were able to transmit their wisdom to the king or pharaoh in sacred sex rites during his coronation night. This became known as the Sovereignty because it fired up the king's higher brain centres, giving him a superior intelligence and thus the ability and the right to reign. Our ancestors have left us magical keys in their orally passed on myths which, like messages in a bottle, can help us find the way to spark up that wisdom again, in ourselves. As a shaman and mythologist, the author Ishtar Babilu Dingir is regularly in communion with the spirits of the land where she lives in Glastonbury, Somerset. In this book, she has laid out the way for the ordinary person to regain their Sovereignty, which is their birthright, through shamanic sexual practises and also by learning to visit these other dimensions on the inner planes. First, she lays the foundation stone for the teaching by showing the evidence - from ancient Greece, Egypt, Crete, India, Sumer and Babylon - that sacred sex was an integral part of the Kingship rites, and the literary evidence that the spirits were present in the lovemaking. She also explains about our earlier ancestors' understanding about the Faery Marriage, and what she believes is the original meaning of the Holy Graal, tracing it back to the Neanderthals about 45,000 years ago. The reader then learns how to perform shamanic sex themselves, to fire up their own superior intelligence. Finally, Ishtar reveals more about her own relationship with the local spirits of the land, so that others may become inspired to explore their own locality and thus begin their quest towards higher brain development and self-empowerment - to Sovereignty.